



ASIST



Applied Suicide Intervention Skills Training

March 23 & 24, 2024
Balzac Fire Station #107
291015 Rocky View Dr.

This two-day interactive workshop in suicide first aid, teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

This workshop contains content that may be upsetting for some people, especially those who have lost a loved one to suicide.

Cost:

- \$200/participant

Includes:

- Training
- Coffee Breaks/Snacks
- Lunches

Registration & Details:

- Jeff Beddome or Gregg Schaalje
jbeddome@rockyview.ca or gschaalje@rockyview.ca

